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# Kev & Kens Catch up

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**Goals - how are you tracking this past week? Any blockers I can help remove?**

Summary:

Next Steps:

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**What has been the highlight and lowlight of your past week?**

Summary:

Next Steps:

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**On a scale of 1-10 how happy are you with your work life balance? How can we get closer to 10?**

Summary:

Next Steps:

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**What's at the very top of your mind right now?**

Summary:

Next Steps:

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